

May 2024 Workshop Schedule

www.centerffs.org/lprc/virtual-meetings-activities

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| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| Hours: Monday-Thursday 12pm-9pm Friday 12pm-5pm Saturday 7pm-8pm A.A. | Food Bank Wednesdays and Thursdays 12-4pm Please bring bags with you! | 1 Recovery Café 12pm Coping with Anxiety 10am Spiritual Experiences 12pm Career Readiness 6pm | 2 Self- Esteem 12pm Co-Parenting Group 1:15pm H.A.L.O 6:30 pm | 3 Men's Recovery Group 2pm*** | 4 AA 7:00 pm |
| 6 | 7 Gambler's Anonymous 12-1:30pm Mental Wellness 12pm Family Support Meeting 6pm-7pm | 8 Recovery Café 12pm Coping with Anxiety 10am Spiritual Experiences 12pm | 9 Self- Esteem 12pm Co-Parenting Group 1:15pm H.A.L.O 6:30 pm | 10 Men's Recovery Group 2pm | 11 AA 7:00 pm |
| 13 | 14 Gambler's Anonymous 12-1:30pm Mental Wellness 12pm Family Support Meeting | 15 Recovery Café 12pm Coping with Anxiety 10am Spiritual Experiences 12pm | 16 Self- Esteem 12pm Co-Parenting Group 1:15pm H.A.L.O 6:30 pm | 17 Men's Recovery Group 2pm | 18 AA 7:00 pm |
| 20 | 21 Gambler's Anonymous 12-1:30pm Mental Wellness 12pm Family Support Meeting 6pm-7pm | Recovery Café 12pm Coping with Anxiety 10am Spiritual Experiences 12pm Career Readiness 2pm | 23 Self- Esteem 12pm Co-Parenting Group 1:15pm H.A.L.O 6:30 pm Cookie Decorating Party 6 pm Registration required* | Men's Recovery Group 2pm | 25 AA 7:00 pm |
| LPRCs Closed Memorial Day | 28 Gambler's Anonymous 12-1:30pm Mental Wellness 12pm Family Support Meeting 6pm-7pm | Recovery Café 12pm Coping with Anxiety 10am Spiritual Experiences 12pm | 30 Self- Esteem 12pm Co-Parenting Group 1:15pm H.A.L.O 6:30 pm | Men's Recovery Group 2pm | Follow us on Eventbrite to stay up to date on LPRC Events and support group links! Scan here to go to Eventbrite |