



Promise Neighborhood Family Success Center

JUNE 2017



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="border: 1px solid red; padding: 5px;"> <p>Ask About Our SUMMER MEALS For KIDS!!</p>  <p>Appointments Required for Health Enrollment Call: 1-877-922-2377</p> </div>	<p>Don't have time to grocery shop? Enroll in Healthy Routes Neighborhood Delivery and you can have your groceries from ShopRite delivered for <i>no extra fee</i> every Thursday, 4-5pm. Call today for more information!</p> 		<p>Are you looking to give back to the community? Ask about Volunteering Opportunities at PNFSC!</p>	<p>1 Spanish Translation Workshop 3:30pm-5:30pm</p>	<p>2 Health Insurance Enrollment 9am-12pm Culinary Arts <i>Kabobs</i> 2pm-3:30pm</p>	<p>3</p> 
	<p>5 English Basics w/ Greicy 3:30-4:30pm</p>	<p>6 Survivors of Homicide ** 12:30pm ShopRite Orders-2-3pm</p>	<p>7 English Basics w/ Greicy 3:30-4:30pm</p>	<p>8 Family Trivia Bingo Families ONLY 4:30-6:30pm</p>	<p>9 Health Insurance Enrollment 9am-12pm Culinary Arts <i>Grilled Flatbread Pizza</i> 2-3:30pm</p>	<p>10 OPEN 10am-2pm Father's Day Crafts FAMILIES ONLY 11am-1pm</p>
<div style="border: 1px solid yellow; padding: 5px;"> <p>Looking for Utility Assistance?! Ask about details for assistance program.</p> </div>	<p>12 English Basics w/ Greicy 3:30-4:30pm</p>	<p>13 Survivors of Homicide 12:30pm ShopRite Orders-2-3pm</p>	<p>14 English Basics w/ Greicy 3:30-4:30pm</p>	<p>15</p>	<p>16 Culinary Arts <i>BBQ Bacon Turkey Burgers</i> 2pm-3:30pm</p>	
	<p>19 English Basics w/Greicy 3:30-4:30pm Community Action Board Meeting 4pm-5pm</p>	<p>20 Summer Fun for Kids <i>Flip Flop Craft</i> 11am Survivors of Homicide ** 12:30pm ShopRite Orders-2-3pm</p>	<p>21 Hope Mobile Food Distribution @Kipp 8am-11am English Basics w/ Greicy 3:30-4:30pm</p>	<p>22 Summer Fun for Kids <i>Ice Cream Party</i> 11am ESL Family Cooking Class Family Bingo Night (Spanish Speaking ONLY) 4:30pm-6:30pm</p>	<p>23 **CENTER OPENS** 1:00pm-4:00pm Culinary Arts <i>Grilled Watermelon Salad</i> 2pm-3:30</p>	<p>24 **REGISTRATION IS MANDATORY FOR ALL WORKSHOPS**</p>
<div style="border: 1px dashed blue; padding: 5px;"> <p>Culinary Arts Theme:</p> <p><i>"Just Grill It"</i></p> </div>	<p>25 Women's Empowerment Group <i>Knowing Yourself</i> 1:00pm-2pm English Basics w/Greicy 3:30-4:30pm</p>	<p>26 Summer Fun for Kids <i>Science Fun</i> 11am Survivors of Homicide ** 12:30pm Shoprite Orders-2-3pm</p>	<p>27 English Basics w/ Greicy 3:30-4:30pm Healthy Eating Open House 2pm-4pm</p>	<p>28 Summer Fun for Kids <i>Outdoor Fun</i> 11am</p>	<p>29 Health Insurance Enrollment 9am-12pm Culinary Arts <i>Tangy Grilled Wings</i> 2pm-3:30pm</p>	<p>30</p> 



ACTIVITIES ARE FREE & OPEN TO ALL

580 Benson Street
Camden, NJ 08103
Phone: 856.964.8096
Email: pnfsc@centerffs.org

Hours of Operation:

Mon 10am-5pm
Tues/Thurs 10am-6pm
Wed 9am-5pm
Fri 9am-4pm
Sat Once a Month

****FLIP OUR CALENDAR FOR FULL DESCRIPTIONS OF WHAT SOME OF OUR WORKSHOPS ENTAIL****

Learn More About Our Monthly Activities

- ◇ **Health Insurance Enrollment:** Center For Family Services Navigator Program holds one-on-one enrollment sessions to provide assistance for insurance options and information for free.
- ◇ **Survivors of Homicide Support Group:** PNFSC supports your struggles with loss and together with CFS, we offer a support group to those who have lost a loved one due to homicide. A trained counselor from Survivors of Homicide uses creative projects and group therapy strategies to help heal difficult wounds and useful coping skills are taught as well.
- ◇ **Culinary Arts Classes:** Our Culinary Arts Program is designed to show residents how to create healthy and inexpensive meals that are easy to make at home. The classes are held every Friday and open to all families and individuals who are interested. Registration is mandatory for this class. Please call to inquire.
- ◇ **Clases De Ingles (ESL):** English as a second language class is designed for students of all levels and is taught by medical students from the Rowan Medical school. Sessions are open to adults and enrollment is ongoing. Please call to register.
- ◇ **Women's Empowerment Group:** Your Family Success Center has created an empowering group of women discussing a variety of relatable topics and take-away tools to encourage positive growth and life experiences. Join us for discussions, fun and great activities.
- ◇ **Youth Tutoring:** Free tutoring program for students in grades first through twelfth, living in Camden. Subjects include reading & math. Tutoring takes place at Cooper-Rowan Medical School on Broadway. Pre-tests and post-tests are given to assess the academic needs and progress of your child. Classes are held Mondays, Tuesdays and Wednesdays. Snacks provided.
- ◇ **Parent Learning Academy:** PLA is a series of classes that focus on supporting families by strengthening parents' skills in many areas of learning and are taught by professors of Rowan University. Our ESL class strives to improve conversational, written and everyday English for parents of any culture. Parent learning provides an opportunity for parents to improve reading and writing skills which can help in preparing for employment, assisting their children with schoolwork and becoming more confident when advocating for their children or themselves. Classes are comfortable, small in size and move at an individual pace. Please call to register.
- ◇ **Healthy Eating Series**— In these sessions, families will learn to create healthy, affordable and delicious meals together. Classes will be held each month at various locations and will feature 'Guest Chefs' from time to time to offer new and exciting culinary ideas. Parents and children will be encouraged to learn new cooking skills, new cultures and make new friends in the community. Recipes, educational information and nutritional informational will be provided at each session. Registration is ALWAYS required and is restricted to families. Please call to enroll.
- ◇ **Summer Fun for Kids**— PNFSC will provide children's activities during the summer to keep your child active. Children will participate with their parent in fun activities such as crafts, paintings, drawing and much more.
- ◇ **CHILDREN'S BIRTHDAY CLUB** - We are pleased to offer a NEW club for your child's birthday! Parents and caregivers are invited to host a child's birthday (ages 0-18) here at our Center! We will provide ingredients for you to make your cake, ice cream, generic birthday paper supplies, drinks, our kitchen for your party and a small gift for the birthday child! Parties will be held on Tuesdays and Thursdays 4-6 pm; guest list cannot exceed more than 12 individuals including the birthday child. Families are able to host 3 birthdays per year. Please call to schedule your next birthday party!