

Sunday





Saturday

Friday

| | | | | • | | | |
|--------------------|----|--|--|--|--|---------------------------------|----|
| Take our community | | | l | 2 Splash Smart Newsletter | Empower through art, stencil, & speak workshop | 4 HAPPY July | 5 |
| needs survey! | 6 | 7 | Mental health matters Resilience Runs Deep Newsletter | 9 | Writing Heals Workshop | | 12 |
| | 13 | Thrive Through Connection Newsletter | 15 | Own Your Story: Identity, Healing, and Empowerment Workshop | 7 Yoga Workshop | 18 | 19 |
| | 20 | 21 | 22 | Refresh Your Soul Newsletter | 24 | You Are Not Alone Newsletter | 26 |
| | 27 | 28 | 29 | 30 | Growing Through Self-Care Workshop | | |

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NJ4SVicinage4@centerffs.org

Hours of Operations:



Mon., Wed., Fri. - 8a-5p Tue., Thu. - 8a-8p Sat.- 1p-4p

Events:

Splash Smart Newsletter 7/2/2025

Empower through art, stencil, & speak workshop 7/3/2025 - 5pm-6pm

Wiggins Center 400 Mt. Vernon Street, Camden NJ 08103

Resilience Runs Deep Newsletter

7/8/2025

Writing Heals Workshop

7/10/2025 - 5pm-6pm Wiggins Center 400 Mt. Vernon Street, Camden NJ 08103

Thrive Through Connection Newsletter

7/14/2025

Own Your Story: Identity, Healing, and **Empowerment Workshop**

7/16/2025 - 5pm-6pm Camden County Library System: Riletta L. Cream Ferry Avenue Branch 852 Ferry Ave, Camden, NJ 08104

Yoga Workshop

7/17/2025 - 5pm-6pm Wiggins Center 400 Mt. Vernon Street, Camden NJ 08103

Refresh Your Soul Newsletter

7/23/2025

You Are Not Alone Newsletter

7/25/2025

Growing Through Self-Care Workshop

7/31/2025 - 5pm-6pm Wiggins Center 400 Mt. Vernon Street, Camden NJ 08103





If you'd like to sign up for our newsletter please send an email to NJ4SVicinage4@centerffs.org