



November 2025



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

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2	3 Celebrating Education Heroes Newsletter	4	5	6 The Grounded Guard Workshop	7 No-Stress November Newsletter	8
9	10	11 <i>Happy Veterans Day</i>	12 From Awareness to Action Newsletter	13 Transitions Made Easy Workshop + Poetry to Heal Experiences Workshop + Strong Breaths, Healthy Lives: Asthma Awareness Workshop	14 Wellness Workshops	15
16	17	18	19 Friendship & Peer Pressure: Making Positive Choices Workshop	20 Radiate Confidence from the Inside Out Workshop + NJ4S Youth Advisory Committee Meeting	21 The Power of Gratitude: Boosting Mental Health Newsletter	22
23	24 Jingle & Mingle Mindfully Newsletter	25 Unwind Your Mind: A Stress Awareness Workshop	26	27 <i>happy thanksgiving</i>	28	29
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NJ4SVicinage4@centerffs.org

*Hours of
Operations:*

Mon., Wed., Fri. - 8a-5p

Tue., Thu. - 8a-8p

Sat.- 1p-4p

Events:

Celebrating Education Heroes Newsletter 11/3/2025	The Grounded Workshop 11/6/2025 - 5pm-6pm Wiggins Center 400 Mt. Vernon Street, Camden NJ 08103	No-Stress November Newsletter 11/7/2025
From Awareness to Action Newsletter 11/12/2025	Transitions Made Easy Workshop: Helping Kids Adjust and Thrive 11/13/2025 - 5pm-6pm 250 Haddonfield Berlin Road Gibbsboro, NJ08026	Poetry to Heal Experiences Workshop 11/13/2025 - 5pm-6pm Wiggins Center 400 Mt. Vernon Street, Camden NJ 08103
Strong Breaths, Healthy Lives: Asthma Awareness Workshop 11/13/2025 - 4:30pm-6pm Mastery Cramer Hill Elementary School 1001 N 17th St, Camden, NJ 08105	Wellness Workshops 11/14/2025 - 6:30pm-8:30pm 426 E Charleston Ave., Lawnside, NJ 08045	Friendship & Peer Pressure: Making Positive Choices Workshop 11/19/2025 - 5pm-6pm North Camden Community Center 1000 N 6th St, Camden, NJ 08102
Radiate Confidence from the Inside Out Workshop 11/20/2025 - 5pm-6pm Wiggins Center 400 Mt. Vernon Street, Camden NJ 08103	NJ4S Youth Advisory Committee Meeting 11/20/2025 - 4pm-6pm Wiggins Center 400 Mt. Vernon Street, Camden NJ 08103	The Power of Gratitude: Boosting Mental Health Newsletter 11/21/2025
Jingle & Mingle Mindfully Newsletter 11/24/2025	Unwind Your Mind: A Stress Awareness Workshop 11/25/2025 - 5pm-6pm Zoom Meeting ID:	

If you'd like to sign up for our newsletter please send an email to NJ4SVicinage4@centerffs.org