No	vem	ber	2017	nter@centerffs.org face (856) 216-7134 / (855 08 Somerdale Road V	•	Living Proof
Sunday	Monday	Tue <b>;day</b>	Wednesday	Thursday	Friday	Saturday
Hours of Operation: Mon-Thurs: 12-9pm Friday: 12-4pm, 6-9pm Saturday: 10am-9pm Sunday: <b>Closed</b>	(A) Kitchen Side (B) Stairwell Side (114) Room 114 (Lab) Computer Lab ** Deat/Hard of Hearing Interpret- er Present		1 Journaling for Recovery (A) 12pm Food Pantry 12-4 pm Spiritual Experiences (A) 1-2pm H.A.L.O . Closed Meeting (B) 7pm	<b>2</b> Wawa Food (A) 12-2pm Food Pantry 12-4 pm Self-Esteem (114) 1pm Men's Recovery Group (114) 2pm Yoga 4 Sobriety (A) 5:30pm NA Meeting (AB) 7:30pm	<b>3</b> Wawa Food (A) 12-2pm NA Meeting (B) 8pm	<b>4</b> Families Anonymous (114) 10:30am-12pm G.E.T. (Youth Girls Only) 12-5pm Seabrook Intro to AA (B) 6-7pm AA Meeting (B) 7-8pm
5 *CLOSED*	<b>6</b> R&R Coalition Meeting (AB) 9:30am Intro to Word (Lab) 3-8pm **by appt. only** Resume Building Workshop 6pm **by appt. only** Adult Children of Alcoholics (B)7pm	7 Gamblers Anonymous (B) 12-1pm RAMP Closed Meeting (B) 4pm Mental Health Happy Hour 6 pm	8 Journaling for Recovery (A) 12pm GED Prep Workshop (A) 12pm *** Requires Registration*** Food Pantry 12-4 pm Spiritual Experiences (A) 1-2pm H.A.L.O . Closed Meeting (B) 7pm	<b>9</b> Wawa Food (A) 12-2pm Food Pantry 12-4 pm Self-Esteem (114) 1pm Men's Recovery Group (114) 2pm NA Meeting (AB) 7:30pm	10 VIATERANS DAY DAY *CLOSED*	11 Families Anonymous (114) 10:30am-12pm G.E.T. (Youth Girls Only) 12-5pm Seabrook Intro to AA (B) 6-7pm AA Meeting (B) 7-8pm
12 *Closed*	<b>13</b> R&R Coalition Meeting (AB) 9:30am Intro to Word (Lab) 3-8pm **by appt. only** Resume Building Workshop 6pm **by appt. only** Adult Children of Alcoholics (B)7pm	<b>14</b> Gamblers Anonymous (B) 12-1pm RAMP <u>Closed</u> Meeting (B) 4pm Youth Yoga (closed) 6-8pm Mental Health Happy Hour 6 pm	<b>15</b> Journaling for Recovery (A) 12pm Food Pantry 12-4 pm Spiritual Experiences (A) 1-2pm H.A.L.O . Closed Meeting (B) 7pm	<b>16</b> Wawa Food (A) 12-2pm Food Pantry 12-4 pm Self-Esteem (114) 1pm Men's Recovery Group (114) 2pm Yoga 4 Sobriety (A) 5:30pm NA Meeting (AB) 7:30pm	17 **Celebrating You** Wawa Food (A) 12-2pm NA Meeting (B) 8pm	18 Families Anonymous (114) 10:30am-12pm G.E.T. (Youth Girls Only) 12-5pm Seabrook Intro to AA (B) 6-7pm AA Meeting (B) 7-8pm
19 <b>*CLOSED*</b>	20 Intro to Word (Lab) 3-8pm **by appt. only** Resume Building Workshop 6pm **by appt. only** Adult Children of Alcoholics (B)7pm	<b>21</b> Gamblers Anonymous (B) 12-1pm RAMP <u>Closed</u> Meeting (B) 4pm Mental Health Happy Hour 6pm	22 LPRC's Thanksgiving Luncheon 1-4 pm H.A.L.O . Closed Meeting (B) 7pm	23 THANKSGIVING *CLOSED*	24 BLACK FRIDAY *CLOSED*	25 Families Anonymous (114) 10:30am-12pm Seabrook Intro to AA (B) 6-7pm AA Meeting (B) 7-8pm
26 <b>*CLOSED*</b>	27 Intro to Word (Lab) 3-8pm **by appt. only** Resume Building Workshop 6pm **by appt. only** Adult Children of Alcoholics (B)7pm	28 Gamblers Anonymous (B) 12-1pm RAMP <u>Closed</u> Meeting (B) 4 pm Youth Yoga (closed) 6-8pm Mental Health Happy Hour 6pm	<b>29</b> Journaling for Recovery (A) 12pm Food Pantry 12-4 pm Spiritual Experiences (A) 1-2pm H.A.L.O . Closed Meeting (B) 7pm	<b>30</b> Wawa Food (A) 12-2pm Food Pantry 12-4 pm Self-Esteem (114) 1pm Men's Recovery Group (114) 2pm NA Meeting (AB) 7:30pm	and the second sec	*****

Advisory Meetings: Interested in being on the Recovery Center's Advisory Committee? Voice your opinion on events, workshops, procedures, and more. We value your input! AA: Alcoholics Anonymous meetings offered every Saturday 7-8pm

Celebrating You: Did you have a birthday this month? Another month sober? Any reason at all, we'd love to celebrate with you! Join us for snacks, treats, and more! Controlling the Storm: The Anger Within: This anger management workshop held on a case by case basis. Call the center to register.

Families Anonymous Meetings: Twelve step self-help support groups for families and friends of substance abusers and others with behavioral problems.

Gamblers Anonymous: Gamblers Anonymous meetings are held every Tuesday from 12-1pm .

GED Prep Workshop: Strategies, practice, and review for passing the GED every 2nd and 4th Wednesday. \*\*Must Register\*\*

GET (Girls Empowering Themselves): This program focuses on prevention, education, and support for girls ages 12-18.(Youth Girls Only):

H.A.L.O (Healing After Loss to an Overdose): The program focuses on the struggles of family and friends who have lost someone to a drug overdose. \*\* Must Register\*\*

Intro to Word: By appointment only on Monday to learn how to use Microsoft Word and receive help with job searches and resumes.

Job Skills: Help with resume writing, enhance interview skills, job searches and networking. Call Center to register.

Journaling for Recovery: Learn how to channel your feelings into writing for this process of self-discovery and change. Every Wednesday 12PM.

Member's Meeting: Come to discuss your thoughts about the Recovery Center every other Thursday at 2pm. We love to hear your ideas and feedback!

Men's Recovery Groups: Join this group to talk about issues men face in recovery.

Mental Health Happy Hour: Supportive mental wellness meetings are offered every Friday at 6:15PM.

Movie Night: Every second and fourth Friday evening at 6pm.

NA Meetings: Narcotics Anonymous meetings are offered every Thursday at 7:30PM and Fridays at 8PM.

**Resume Building:** One on one support with resume and cover letter writing. By appointment only, Monday evenings.

Rescue and Restore: Human trafficking correlation meets once every month. Led by staff of Center for Family Services' SERV program.

Self-Esteem Workshops: Join us at this workshop to focus on building self-esteem and developing self-awareness.

Spiritual Experiences: Join this group to discover inner peace and life purpose

W.S.M.: Wellness Self Management is a closed meeting led by Twin Oaks.

Yoga 4 Sobriety: Twelve Step themed all-levels yoga class. Every 1st and 3rd Thursdays

If a Sign Language Interpreter is needed for any group, Living Proof Recovery Center must be notified at least one week in advance.

\*Additional Services Offered\*

Peer Mentoring, Referral Services, How to's...

Child sitting for those participating in workshops/groups (please call ahead if you are interested)

\*\*\*To register for NARCAN Training Please Call Urban Treatment Associates at 856-225-0505\*\*\*