370 Memorial Parkway,

1st floor #4,

Phillipsburg, NJ



Living Proof Recovery Center of Warren County

Monday 12—4 Wednesday 12:30—5 Thursday 10—3

908.454.4470 Ext. 76306

recoverycenter@centerffs.org

## May 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Lost at Sea Activity	2 On Call: Carolyn 908-914-6938 <b>Closed</b>	3 On Call: Carolyn 908-914- 6938 Open Zoom Discus- sion 12:30pm-1:30pm
5 Recovery Resources	6	7 <b>Discussion:</b> Best Version of You	8 True or False	9 On Call: Carolyn 908-914-6938 <b>Closed</b>	10 On Call: Carolyn 908-914- 6938 Open Zoom Discus- sion 12:30pm-1:30pm
12 Recovery Resources	13	14 <b>Discussion:</b> Dealing With Stress	15 The Circle Challenge	16 On Call: Carolyn 908-914-6938 <b>Closed</b>	17 On Call: Carolyn 908-914- 6938 Open Zoom Discussion 12:30pm-1:30pm Nick's Hope Delivery 10 am
19 Recovery Resources	20	21 <b>Discussion:</b> Mindfulness	22 Mental Health Maintenance Plan	23 <b>Trip:</b> The Artsy Palette Affirmations Canvas 1-3 pm	24 On Call: Carolyn 908-914- 6938 Open Zoom Discus- sion 12:30pm-1:30pm
26 <b>Closed:</b> Memorial Day	27	28 <b>Discussion:</b> Gratitude	29 Movie	30 On Call: Carolyn 908-914-6938 Closed	31 On Call: Carolyn 908-914- 6938 Open Zoom Discus- sion 12:30pm-1:30pm

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Month 20XX

Living Proof Recovery Center of Warren County Monday - Friday 9:00am—5:00pm 908.454.4470 recoverycenter@centerffs.org