

# Living Proof Recovery Center

370 Memorial Pkwy, #4  
Phillipsburg, NJ, 08865

May 2024

Wednesday 12:30pm-5pm	Thursday 10am-3pm	Friday 5pm-9pm	Saturday 1pm-9pm
	Please see social media pages or contact a staff member if you have any questions.	We are still offering support via phone. Each date has the times and the person available to speak with.	Please note we are not a crisis line. Sometimes we are servicing other people and you will need to leave a voicemail.
1	2	3	4
<b>12:30pm-5:00pm</b> DBT House Art Activity	<b>10:00am-3:00pm</b> "The Numbers Game"	On Call: Carolyn 908-914-6938	On Call: Carolyn 908-914-6938  <b>Open Zoom Discussion</b> 12:30pm-1:30pm
8	9	10	11

<p><b>12:30pm-5:00pm</b> Three G's to Keep You Going</p>	<p><b>10:00am-3:00pm</b> "Deep Thinking" Poetry</p>	<p>On Call: Carolyn 908-914-6938</p>	<p>On Call: Carolyn 908-914-6938 <b>Open Zoom Discussion</b> 12:30pm-1:30pm</p>
<p>15</p> <p><b>12:30pm-5:00pm</b> Color &amp; Conversation</p>	<p>16</p> <p><b>10:00am-3:00pm</b> Managing Your Environment</p>	<p>17</p> <p>On Call: Carolyn 908-914-6938</p>	<p>18</p> <p>On Call: Carolyn 908-914-6938 <b>Open Zoom Discussion</b> 1:00pm-2:00pm</p>
<p>22</p> <p><b>12:30pm-5:00pm</b> Mental Health Maintenance Plan</p>	<p>23</p> <p><b>10:00am-3:00pm</b> Career Workshop</p>	<p>24</p> <p>On Call: Carolyn 908-914-6938</p>	<p>25</p> <p>On Call: Carolyn 908-914-6938 <b>Open Zoom Discussion</b> 1:00pm-2:00pm</p>
<p>29</p> <p><b>12:30pm-5:00pm</b> Balance and Self-Care</p>	<p>30</p> <p><b>10:00am-3:00pm</b> What is Optimism?</p>	<p>31</p> <p>On Call: Carolyn 908-914-6938</p>	<p>1</p> <p>On Call: Carolyn 908-914-6938 <b>Open Zoom Discussion</b> 1:00pm-2:00pm</p>

**If you are experiencing a crisis please call 908-454-5141 or call 911**

**Phone # 908-454-4470 Ext. 76306**

Please check out our social media for ongoing information, support, & resources.  
For in person appointments, please contact Matthew or Carolyn to schedule an appointment.