



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><u>Hours of Operations</u></p> <p>Mon-Thurs: 12-9pm</p> <p>Friday: 12-4pm, 6-9pm</p> <p>Saturday: 10am-9pm</p>	<p>(A) Kitchen Side</p> <p>(B) Stairwell Side</p> <p>(114) Room 114</p> <p>(Lab) Computer lab</p>			<p>1</p> <p>WAWA Food (A) 12-2pm</p> <p>Food Pantry 12-4pm</p> <p>Self Esteem (B) 1pm</p> <p>Men's Recovery Group (B) 2pm</p>	<p>2</p> <p>WAWA Food (A) 12-2pm</p> <p>NA Meeting 8pm</p>	<p>3</p> <p>Families Anonymous (B) 10:30am-12pm</p> <p>G.E.T. (Youth girls only) 12-5pm</p>
<p>4</p> <p><u>Closed</u></p>	<p>5</p> <p>Intro to Word (Lab) 3-8 pm **by appt only**</p> <p>Adult Children of Alcoholics (B) 7pm</p>	<p>6</p> <p>Gamblers Anonymous (B) 12-1pm</p> <p>RAMP (B) 4pm</p> <p>Sharing Hope For Mental Wellness (A) 2pm</p>	<p>7</p> <p>Fun with Veggies 12p-2p</p> <p>Journaling for Recovery (A) 12pm</p> <p>Food Pantry 12-4pm</p>	<p>8</p> <p>WAWA Food (A) 12-2pm</p> <p>Food Pantry 12-4pm</p> <p>Self Esteem (B) 1pm</p> <p>Men's Recovery Group (B) 2pm</p>	<p>9</p> <p><i>Celebrating You</i></p> <p>WAWA Food (A) 12-2pm</p> <p>Movie Night (A) 6pm</p> <p>NA Meeting (B) 8pm</p>	<p>10</p> <p>Families Anonymous (B) 10:30am-12pm</p> <p>G.E.T. (Youth girls only) 12-5pm</p> <p>AA Meeting (B) 7-8pm</p>
<p>11</p> <p><u>Closed</u></p>	<p>12</p> <p>R&amp;R Coalition Meeting (AB) 9:30 am</p> <p>Intro to Word (Lab) 3-8 pm **by appt only**</p> <p>Adult Children of Alcoholics (B) 7pm</p>	<p>13</p> <p>Gamblers Anonymous (B) 12-1pm</p> <p>RAMP (B) 4pm</p> <p>Sharing Hope For Mental Wellness (A) 2pm</p>	<p>14</p> <p>Fun with Veggies 12p-2p</p> <p>Journaling for Recovery (A) 12pm</p> <p>GED Prep (lab) 12pm *by appt*</p> <p>Food Pantry 12-4pm</p>	<p>15</p> <p>WAWA Food (A) 12-2pm</p> <p>Food Pantry 12-4pm</p> <p>Self Esteem (B) 1pm</p> <p>Men's Recovery Group (B) 2pm</p> <p>Yoga 4 Sobriety (A) 5:30pm</p>	<p>16</p> <p><i>Member's Meeting</i></p> <p>1pm</p> <p>WAWA Food (A) 12-2pm</p> <p>NA Meeting 8pm</p>	<p>17</p> <p>Family <i>happy St. Patrick's day!</i></p> <p>10:30am</p> <p>G.E.T. ( 5pm</p>
<p>18</p> <p><u>Closed</u></p>	<p>19</p> <p>Intro to Word (Lab) 3-8 pm **by appt only**</p> <p>Adult Children of Alcoholics (B) 7pm</p>	<p>20</p> <p>Gamblers Anonymous (B) 12-1pm</p> <p>RAMP (B) 4pm</p> <p>Sharing Hope For Mental Wellness (A) 2pm</p>	<p>21</p> <p>Fun with Veggies 12p-2p</p> <p>Journaling for Recovery (A) 12pm</p> <p>Food Pantry 12-4pm</p>	<p>22</p> <p>WAWA Food (A) 12-2pm</p> <p>Food Pantry 12-4pm</p> <p>Self Esteem (B) 1pm</p> <p>Men's Recovery Group (B) 2pm</p>	<p>23</p> <p><i>Community Clothing</i></p> <p><i>Closest 12-4pm</i></p> <p>WAWA Food (A) 12-2pm</p>	<p>24</p> <p>Families Anonymous (B) 10:30am-12pm</p> <p>G.E.T. (Youth girls only) 12-5pm ** Museum Trip**</p>
<p>25</p> <p><u>Closed</u></p>	<p>26</p> <p>Intro to Word (Lab) 3-8 pm **by appt only**</p> <p>Adult Children of Alcoholics (B) 7pm</p>	<p>27</p> <p>Gamblers Anonymous (B) 12-1pm</p> <p>RAMP (B) 4pm</p> <p>Sharing Hope For Mental Well-</p>	<p>28</p> <p>Journaling for Recovery (A) 12pm</p> <p>Food Pantry 12-4pm</p> <p>Spiritual Experiences (A) 1-</p>	<p>29</p> <p>WAWA Food (A) 12-2pm</p> <p>Food Pantry 12-4pm</p> <p>Self Esteem (B) 1pm</p>	<p>30</p> <p><i>Good Friday</i></p> <p><i>RC</i></p>	<p>31</p> <p>Families Anonymous (B) 10:30am-12pm</p> <p>G.E.T. (Youth girls only) 12-5pm</p>

**Advisory Meetings:** Interested in being on the Recovery Center's Advisory Committee? Voice your opinion on events, workshops, procedures, and more. We value your input!

**AA:** Alcoholics Anonymous meetings offered every Saturday 7-8pm

**Celebrating You:** Did you have a birthday this month? Another month sober? Any reason at all, we'd love to celebrate with you! Join us for snacks, treats, and more!

**Controlling the Storm:** The Anger Within: This anger management workshop held on a case by case basis. Call the center to register.

**Families Anonymous Meetings:** Twelve step self-help support groups for families and friends of substance abusers and others with behavioral problems.

**Gamblers Anonymous:** Gamblers Anonymous meetings are held every Tuesday from 12-1pm .

**GED Prep Workshop:** Strategies, practice, and review for passing the GED every 2nd and 4th Wednesday. **\*\*Must Register\*\***

**GET (Girls Empowering Themselves):** This program focuses on prevention, education, and support for girls ages 12-18.(Youth Girls Only):

**H.A.L.O ( Healing After Loss to an Overdose):** The program focuses on the struggles of family and friends who have lost someone to a drug overdose. **\*\*Must Register\*\***

**Intro to Word:** By appointment only on Monday to learn how to use Microsoft Word and receive help with job searches and resumes.

**Journaling for Recovery:** Learn how to channel your feelings into writing for this process of self-discovery and change. Every Wednesday 12PM.

**Member's Meeting:** Come to discuss your thoughts about the Recovery Center every other Thursday at 2pm. We love to hear your ideas and feedback!

**Men's Recovery Groups:** Join this group to talk about issues men face in recovery.

**Movie Night:** Every second and fourth Friday evening at 6pm.

**NA Meetings:** Narcotics Anonymous meetings are offered every Thursday at 7:30PM and Fridays at 8PM.

**Rescue and Restore:** Human trafficking correlation meets once every month. Led by staff of Center for Family Services' SERV program.

**Self-Esteem Workshops:** Join us at this workshop to focus on building self-esteem and developing self-awareness.

**Sharing Hope for Mental Wellness:** Supportive mental wellness meetings are offered every Tuesday at 2:00PM.

**Spiritual Experiences:** Join this group to discover inner peace and life purpose

**Yoga 4 Sobriety:** Twelve Step themed all-levels yoga class. Every 1st and 3rd Thursdays

**If a Sign Language Interpreter is needed for any group, Living Proof Recovery Center must be notified at least one week in advance.**

\*Additional Services Offered\*

Peer Mentoring, Referral Services, How to's...

**Child sitting for those participating in workshops/groups (please call ahead if you are interested)**

**\*\*\*To register for NARCAN Training Please Call Urban Treatment Associates at 856-225-0505\*\*\***