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Living Proof  
Recovery Center

2018

(856) 216-7134

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b>  <u><b>Closed</b></u>	<b>2</b> <i>Meditation 11am</i> R&R Coalition Meeting (AB) 9:30 am  <i>Twin Oaks 12pm (Closed Group)</i>  Newsletter Committee (B) 5pm  NA Meeting 7:30 (B)	<b>3</b> <i>Meditation 11am</i>  <i>Barbecue 12pm</i>  Gamblers Anonymous (Downstairs) 12-1pm  Sharing Hope For Mental Wellness (A) 2pm  Art Wellness 3pm  RAMP (B) 4pm  Narcan Training 6pm (B)	<b>4</b>  <i>RC Closed for Independence Day</i>	<b>5</b> <i>Meditation 11am</i> WAWA Food (A) 12-2pm Mike's Story (A) 12pm Food Pantry 12-4pm Self Esteem (B) 1pm Yoga with Joyce (B) 5:30pm NA Meeting (B) 7:30pm	<b>6</b> <i>Meditation 11am</i>  <i>Members Meeting 1pm</i>  <i>Twin Oaks (Closed Group) 12pm</i>  WAWA Food (A) 12-2pm Men's Recovery Group 2pm (B) NA Meeting 8pm	<b>7</b>  Families Anonymous (B) 10:30am-12pm  G.E.T. (Youth girls only) 11-4pm  AA Meeting (B) 7-8pm
<b>8</b>  <u><b>Closed</b></u>	<b>9</b> <i>Meditation 11am</i> <i>Twin Oaks 12pm (Closed Group)</i>  NA Meeting 7:30 (B)	<b>10</b> <i>Meditation 11am</i> Gamblers Anonymous (B) 12-1pm Sharing Hope For Mental Wellness (A) 2pm Color Me Relaxed 3pm RAMP (B) 4pm Youth yoga (B) 6pm	<b>11</b> <i>Meditation 11am</i> Fun with Veggies 12p-2p Journaling for Recovery (A) 12pm GED Prep (lab) 12pm *by appt* Food Pantry 12-4pm Spiritual Experiences (A) 1-2pm Walking Together Closed LGBTQ 7-8:30PM	<b>12</b> <i>Meditation 11am</i> WAWA Food (A) 12-2pm Food Pantry 12-4pm <i>Stop The Heroin Presentation (A) 1pm</i> Self Esteem (B) 1pm Yoga with Joyce (B) 5:30pm NA Meeting (B) 7:30pm	<b>13</b> <i>Meditation 11am</i> <i>Twin Oaks (Closed Group) 12pm</i> WAWA Food (A) 12-2pm Men's Recovery Group (B) 2pm Movie Night (A) 6pm NA meeting (B) 8pm	<b>14</b>  Families Anonymous (B) 10:30am-12pm  G.E.T. (Youth girls only) 11-4pm  AA Meeting (B) 7-8pm
<b>15</b>  <u><b>Closed</b></u>	<b>16</b> <i>Meditation 11am</i> <i>Twin Oaks 12pm (Closed Group)</i> Newsletter Committee (B) 5p NA Meeting 7:30 (B)	<b>17</b> <i>Meditation 11am</i> Gamblers Anonymous (B) 12-1pm Sharing Hope For Mental Wellness (A) 2pm Art Wellness 3pm RAMP (B) 4pm	<b>18</b> <i>Meditation 11am</i> Fun with Veggies 12p-2p Journaling for Recovery (A) 12pm Food Pantry 12-4pm Spiritual Experiences (A) 1-2pm H.A.L.O. (114) 6:30pm Walking Together Closed LGBTQ 7-8:30PM	<b>19</b> <i>Meditation 11am</i> Foundations Recovery Network Presentation 1pm WAWA Food (A) 12-2pm Food Pantry 12-4pm Self Esteem (B) 1pm Yoga with Joyce (B) 5:30pm NA Meeting (B) 7:30pm	<b>20</b> <i>Meditation 11am</i>  <i>Celebrating You! 1pm</i>  <i>Twin Oaks (Closed Group) 12pm</i>  WAWA Food (A) 12-2pm Men's Recovery Group (B) 2pm NA meeting (B) 8pm	<b>21</b>  Families Anonymous (B) 10:30am-12pm  G.E.T. (Youth girls only) 11-4pm  AA Meeting (B) 7-8pm
<b>22</b>  <u><b>Closed</b></u>	<b>23</b> <i>Meditation 11am</i> <i>Twin Oaks 12pm (Closed Group)</i> NA Meeting 7:30 (B)	<b>24</b> <i>Meditation 11am</i> Gamblers Anonymous (B) 12-1pm Sharing Hope For Mental Wellness (A) 2pm Color Me Relaxed 3pm RAMP (B) 4pm Youth yoga (B) 6pm	<b>25</b> <i>Meditation 11am</i> Fun with Veggies 12p-2p Journaling for Recovery (A) 12pm GED Prep (lab) 12pm *by appt* Food Pantry 12-4pm Spiritual Experiences (A) 1-2pm H.A.L.O. (114) 6:30pm Walking Together Closed LGBTQ 7-8:30PM	<b>26</b> <i>Meditation 11am</i> Rutgers Training 11am WAWA Food (A) 12-2pm CHOICES Presentation 1pm Food Pantry 12-4pm Self Esteem (B) 1pm Yoga with Joyce (B) 5:30pm NA Meeting (B) 7:30pm	<b>27</b> <i>Meditation 11am</i> <i>Twin Oaks (Closed Group) 12pm</i> WAWA Food (A) 12-2pm Men's Recovery Group (B) 2pm Movie Night (A) 6pm NA meeting (B) 8pm	<b>28</b>  Families Anonymous (B) 10:30am-12pm  G.E.T. (Youth girls only) 11-4pm  AA Meeting (B) 7-8pm
<b>29</b>  <u><b>Closed</b></u>	<b>30</b> <i>Meditation 11am</i> <i>Twin Oaks 12pm (Closed Group)</i> Newsletter Committee (B)	<b>31</b> <i>Meditation 11am</i> Gamblers Anonymous (B) 12-1pm Sharing Hope For Mental Wellness (A) 2pm		108 Somerdale Rd.  Voorhees, NJ 08043	Hours of Operations  Mon-Thurs: 11-9pm  Friday: 11-4pm, 6-9pm	(A) Kitchen Side  (B) Stairwell Side  (114) Room 114

**Advisory Meetings:** Interested in being on the Recovery Center's Advisory Committee? Voice your opinion on events, workshops, procedures, and more. Last Monday of the month. We value your input!

**AA:** Alcoholics Anonymous meetings offered every Saturday 7-8pm

**Celebrating You:** Did you have a birthday this month? Another month sober? Any reason at all, we'd love to celebrate with you! Join us for snacks, treats, and more!

**Families Anonymous Meetings:** Twelve step self-help support groups for families and friends of substance abusers and others with behavioral problems.

**Gamblers Anonymous:** Gamblers Anonymous meetings are held every Tuesday from 12-1pm.

**GED Prep Workshop:** Strategies, practice, and review for passing the GED every 2nd and 4th Wednesday. **\*\*Must Register\*\***

**GET (Girls Empowering Themselves):** This program focuses on prevention, education, and support for girls ages 12-18.(Youth Girls Only) Saturday 11am -4pm.

**H.A.L.O ( Healing After Loss to an Overdose):** The program focuses on the struggles of family and friends who have lost someone to a drug overdose. **\*\*Must Register\*\***

**Intro to Word:** By appointment only on Monday to learn how to use Microsoft Word and receive help with job searches and resumes.

**Journaling for Recovery:** Learn how to channel your feelings into writing for this process of self-discovery and change. Every Wednesday 12PM.

**Member's Meeting:** Come to discuss your thoughts about the Recovery Center. We love to hear your ideas and feedback!

**Men's Recovery Groups:** Join this group to talk about issues men face in recovery. Every Friday at 2pm.

**Movie Night:** Every second and fourth Friday evening at 6pm.

**NA Meetings:** Narcotics Anonymous meetings are offered every Thursday at 7:30PM and Fridays at 8PM.

**Rescue and Restore:** Human trafficking correlation meets once every month. Led by staff of Center for Family Services' SERV program.

**Self-Esteem Workshops:** Join us at this workshop to focus on building self-esteem and developing self-awareness.

**Sharing Hope for Mental Wellness:** Supportive mental wellness meetings are offered every Tuesday at 2:00PM.

**Spiritual Experiences:** Join this group to discover inner peace and life purpose.

**Yoga 4 Sobriety:** Twelve Step themed all-levels yoga class. Every 1st and 3rd Thursdays.

**Youth Yoga:** Join us for yoga for youth every 2nd and 4th Tuesday.

**Walking Together:** Closed support group for the LGBTQ community. Every Wednesday 7-8:30pm.

**Art Wellness:** Join us for a exploration of wellness through art every other Monday at 3pm.

**Color Me Relaxed:** Come relax with us and zentangle every other Monday at 3pm.

**Narcan Training:** Learn to save lives. First Tuesday of the month at 6pm. **\*\*Must Register\*\***

**Addiction Recovery and Relapse Prevention:** Brought to you by Oaks Integrated! Come join us Mondays at noon.

**Illness Management Recovery (IMR):** Brought to you by Oaks Integrated! Come Join us Fridays at noon.

**If a Sign Language Interpreter is needed for any group, Living Proof Recovery Center must be notified at least one week in advance.**

\*Additional Services Offered\*

Peer Mentoring, Referral Services, How to's...