

Free and Open to All of Atlantic County



SCAN ME!



@inlandfsc



@inlandeht



INLAND

3050 Spruce Ave,
Egg Harbor Twp, NJ 08234
(609) 569-0376
inlandfsc@gmail.com

Monday 11:00am-7:00pm	Tuesday 10:00am-5:00pm	Wednesday 10:00am-5:00pm	Thursday 10:00am-5:00pm	Friday 10:00am-4:00pm	Saturday Varies
			1 *Closed* 	2	3
5 Book Club Introduction 5:00-6:30PM	6	7 Feminine Care Products and Resources Kit 11:30AM-1:30PM	8	9	10 Meet us at: New Day FSC Three Kings Day Breakfast 10:00-11:30AM
12 Beverages Around the World 5:00-6:00PM	13	14 Employment Café with Atlantic County One-Stop 1:00-2:00PM	15	16 Winnie the Pooh Toddler Time 3:00-4:00PM	17 Book Club Discussion 11:00AM-12:00PM
19 *Closed* 	20	21 Paint the Winter Season 4:00-5:00PM	22 Perinatal Disease Prevention Awareness Day with Jean Rose 4:00-5:00PM	23	24
26 Yoga & Meditation With Tarak 5:00-6:00PM	27	28 LEGO Day 3:00-4:00PM	29	30	31

*This calendar of events can be viewed on our Inland FSC Facebook Page (@inlandeht). *

*All services at Inland FSC such as printing, copying, faxing & computer lab access are available by appointment only. *

A program of Center for Family Services funded through the county of Atlantic by the New Jersey Department of Children and Families

Free and Open to All of Atlantic County



Call to Schedule
an appointment with us!
609-569-0376 or email us at
inlandfsc@gmail.com

Monday: 11:00am-7:00pm

Tuesday-Thursday: 10:00am-5:00pm

Event Information

Center Highlights:

Feminine Care Products and Resources Kit: Millions of women in the U.S. struggle with the rising cost of period products every month. Sign up today to reserve your own feminine care kit, complete with products and resources to maintain your reproductive health. ***Only those who registered will be able to receive a supply kit.***

Three Kings Day Breakfast: Celebrate the spirit of Dia de los Reyes with a warm and welcoming community breakfast! Join us for a morning of traditions, delicious treats, and family friendly fun as we honor this special cultural holiday together.

Meet us @ New Day FSC, 18 Martin Luther King Ave, Pleasantville. Call (609) 652-0230 to register. Spots are limited**

Employment Café with Atlantic County One-Stop: Are you seeking employment? The Atlantic County One-Stop Career Center visits Inland FSC once a month to assist you with your resume, job search, and other employment-related needs. Those interested must make an appointment.

Yoga & Meditation with Tarak: Find your Zen with our community yogi, Tarak! He will lead us through yoga poses and meditation techniques for beginners. Wear comfortable workout clothes and sneakers. Mats will be available at the class.

Perinatal Disease Prevention Awareness Day with Jean Rose: Come to our workshop to learn what to focus on to help stop infection and other health issues from harming mothers and babies during pregnancy, birth, and postpartum.

Paint the Winter Season: A fun, relaxed painting event where you can unwind, get creative, and enjoy good company. Whether you're a beginner or an experienced artist, you'll follow easy, step-by-step instructions to create your own masterpiece. Come for the art, stay for the laughter. It's the perfect way to spend an evening!

Resources:

Resources: Call us at 609-569-0376 or visit us (appointment only every Monday-Friday) to get more information on resources in your area!

Volunteering: Share your talents with us and your fellow community members! Learn about all the wonderful volunteer opportunities that we have to offer here at our center by emailing us at Inlandfsc@gmail.com!

Family Activities:

Book Club Introduction: Inland FSC is very excited to host our first book club! For this initial meeting we will discuss our expectations and distribute copies of the book of the month. We encourage children and all ages to take part in reading independently or as part of a family.

Winnie the Pooh Toddler Time: Oh bother! In preparation for National Winnie the Pooh Day on January 18th, Inland FSC is having a special themed toddler time. Children can follow along with Winnie the Pooh as he goes up, down, touch the ground, followed by a craft and a story time.

Beverages Around the World: Come experience different homemade drinks from around the world, including a demonstration for how to prepare a beverage. Attendees will leave with a corresponding recipe card for each featured drink to recreate at home.

Book Club Discussion: Inland FSC's first book discussion. Members of our book club should have reached the halfway point of our book. We will discuss what we think of the story so far, make predictions for the future, and share any passages that stood out to us while reading.

LEGO Day: Celebrate National LEGO Day at the center during our creative free play. There will also be LEGO themed treats. All ages welcome.

Always Available:

Employment Assistance: Our friendly staff is more than happy to assist you with creating and/or updating your resume, assist with job search, and provide interview advice. Feel free to email us your documents including the type of job you are seeking or the job posting you are interested in. You can email your documents to Inlandfsc@gmail.com.

Inland's Community Club: We want to hear from you! Register on Eventbrite or give us a call at 609-569-0376 to be a part of Inland's Community Club. Share your ideas and suggestions with us!

