## **Free and Open to All of Atlantic County**

2025



3050 Spruce Ave Egg Harbor Township, NJ 08234 (609)569-0376 | inlandfsc@gmail.com

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Monday 12:00-8:00PM	<i>Tuesday</i> 10:00AM-5:00PM	Wednesday 10:00AM-5:00PM	Thursday 10:00AM-5:00PM	Fríday 10:00AM-4:00PM	Saturday Register on Eventbrite!
2 Hamburgers & Hurricane Preparedness 5:00-6:00PM	3 Physical Fitness for New & Expecting Moms with Jean Rose 11:00AM-12:00PM	4	5	6	7 Spaghetti & Marshmallow Architecture with STEM @ New Day FSC 10:00-11:00AM
9 Yoga & Meditation with Tarak 6:00-7:00PM	10	11 Employment Café with Atlantic County One-Stop 1:00-2:00PM	12	13	14 Happy Father's Day! - Build-Your-Own Slime with Dad 10:00-11:00AM
16 *Center Hours:* 1:00-6:00PM Juneteenth Suncatchers 5:00-6:00PM	17	18	19 Happy Juneteenth	20 *Center Closed in Observance of Juneteenth*	21
23 First Time Homebuyer Workshop 6:00-7:30PM	24	25 DIY Tote Bags 4:00-5:00PM	26	27 Inland's Community Club Summer Meeting 2:00-3:00PM	
30 Baby Expo for Expecting Dads & New Dads 5:00-7:00PM	@inlandeht	@inlandfsc	SCAN ME!	NATIONAL SAFETY MONTH	
*This calendar of events can be viewed on our Inland FSC Facebook Page (@inlandeht).* *All services at Inland FSC such as printing, copying, faxing, and computer lab access are available by appointment only.*					

A Program of Center for Family Services Funded Through the County of Atlantic by the New Jersey Department of Children and Families.

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### Event Information

Schedule an appointment with us!

Call 609-569-0376 or email inlandfsc@gmail.com

Monday: 12:00pm-8:00pm Tuesday-Thursday: 10:00am-5:00pm Friday: 10:00am-4:00pm

### Center Highlights:

Yoga & Meditation with Tarak: Find your Zen with our community yogi, Tarak! He will lead us through yoga poses and meditation techniques for beginners.

First Time Homebuyer Workshop: Are you a first time home buyer looking for some tips? This workshop is for you! Inland will be joined by Debbie Santiago to learn all about the tips and tricks to buying your first home.

Physical Fitness for New & Expecting Moms with Jean Rose: Staying active during pregnancy benefits both mom and baby! Join Jean Rose from Connecting NJ for an informative workshop filled with helpful tips and strategies for maintaining physical fitness while expecting and recently post-partum. \*Guests who attend the workshop will receive a kit of baby essentials.

Employment Café with Atlantic County One-Stop: Are you looking for new employment opportunities? Stop by Inland and meet one-on-one with a representative from the Atlantic County One-Stop Career Center for all of your employment-related needs.

Baby Expo for Expecting Dads & New Dads: Calling all expecting and new father figures! Join us at Inland FSC for a resource fair just for you. Discover resources for you and your baby as well as a bundle of baby supplies to make the transition a little easier.

#### Family Activities:

Spaghetti & Marshmallow Architecture with STEM @ New Day FSC: Meet us at New Day FSC for this fun activity! Kids will build the tallest tower they can using spaghetti and marshmallows, then learn the science behind it. After that, they'll mix up their own slime while discovering cool chemical reactions—all with help from our STEM partner.

Address: 18 MLK Ave, Pleasantville, NJ 08232

Build-Your-Own Slime with Dad: Happy Father's Day from Inland FSC! This year, we will be celebrating with a fun craft and enjoying quality bonding with your father figure. Moms are welcome too!

Hamburgers & Hurricanes: Are you prepared for this year's hurricane season? Join us for some hamburger sliders and a valuable presentation about hurricane safety with our community partner, Atlantic County Emergency Preparedness.

Juneteenth Suncatchers: Juneteenth is an important day in history that represents the emancipation of African American slaves. Join us in recreating some inspiring art to honor their freedom.

DIY Tote Bags: Design your own tote bag at Inland FSC! We will provide all the materials to build your perfect summer accessory – just bring your creativity!

Inland's Community Club Summer Meeting: Do you have an event or workshop you would like to see at Inland? Please come down to our monthly Community Club meeting! We will be discussing feedback to our past events, as well as ideas for upcoming events.

#### **Resources:**

Resources: Call us at 609-569-0376 or visit us (appointment only every Monday-Friday) to get more information on resources in your area!

Volunteering: Share your talents with us and your fellow community members! Learn about all the wonderful volunteer opportunities that we have to offer here at our center by emailing us at

inlandfsc@gmail.com!





### Always Avaílable:

**Employment Assistance:** Our friendly staff is more than happy to assist you with creating and/or updating your resume, assist with job search, and provide interview advice. Feel free to email us your documents including the type of job you are seeking or the job posting you are interested in. You can email your documents to inlandfsc@gmail.com.

Inland's Community Club: We want to hear from you! Register on Eventbrite or give us a call at 609-569-0376 to be a part of Inland FSC's Community Club.

