



The LGBTQ+ Track

Treatment with Pride

The LGBTQ+ community struggles with mental health and substance use disorders at alarmingly high rates. Providing treatment programming that is in full alignment with the unique needs of this population is essential.

Our innovative new treatment track serves the specific needs of the LGBTQ+ community related to mental health and substance use disorders. The approach focuses on the development of strategies to embrace identity, empower oneself, and find acceptance.



Themes

- ✓ Identifying Authentic Self
- ✓ Finding Community
- ✓ Advocacy & Empowerment
- ✓ Healthy Relationships
- ✓ Trauma

Within the context of this LGBTQ+ affirming environment, the inclusive track provides **symptom stabilization, lifelong recovery-based skills, and medication management.**