

February 2019





108 Somerdale Road, Voorhees 856.216.7134 recoverycenter@centerffs.org

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Yoga 4 Sobriety 11am BINGO 1pm Men's Recovery Group 2pm NA 8pm	2 FA 10:30am—12pm G.E.T (Youth girls only) 11am-4pm AA 7-8pm
4 Creative Hearts for Healing (Closed) 9:30am Newsletter Committee Meeting 2pm Written Expressions 3pm NA 7:00pm	5 GA 12-1 pm Mental Wellness 2pm Art Wellness 3pm RAMP 4 Pathways Family Group 6pm NARCAN 6pm	6 All Recovery Meeting 12 Spiritual Experiences 1-2pm Walking together 7-8:30pm	7 Self—Esteem 1pm NA 7:30pm	8 BINGO 1pm Men's Recovery Group 2pm Movie night 6pm NA 8pm	9 FA 10:30am— 12pm G.E.T (Youth girls only) 11am-4pm AA 7-8pm
11 Creative Hearts for Healing (Closed) 9:30am Written Expressions 3pm NA 7:00pm	12 CFS Peer Support Coping Group 9am GA 12–1pm Mental Wellness 2pm Color Me Relaxed 3pm RAMP 4pm Youth Yoga 6pm	13 All Recovery Meeting 12 Spiritual Experiences 1-2am Walking together 7-8:30am	14 Share The Love Social 12pm Empowerment Workshop 5 pm Self- Esteem 1pm NA 7:30pm	15 Yoga 4 Sobriety 11am BINGO 1pm Men's Recovery Group 2pm NA 8pm	16 FA 10:30am- 12pm G.E.T (Youth girls only) 11am-4pm AA 7-8pm
Closed NA 7pm	19 GA 12-1pm Mental Wellness 2pm Art Wellness 3pm RAMP 4 Pathways Family Group 6pm CFS Peer Support Coping Group 7pm	20 All Recovery Meeting 12 Spiritual Experiences 1-2pm NCADD 6:30pm Walking together 7-8:30pm	21 Self-Esteem 1pm NA 7:30pm	22 BINGO 1pm Men's Recovery Group 2pm NA 8pm	23 FA 10:30am– 12pm G.E.T (Youth girls only) 11am-4pm AA 7-8pm
25 Creative Hearts for Healing (Closed) 9:30am In Our Own Voice 1pm Written Expressions 3pm NA 7:00pm	26 GA 12-1pm Mental Wellness 2pm Color Me Relaxed 3pm RAMP 4 Youth Yoga 6pm Pathways Family Group 6pm CFS Peer Support Coping Group 7pm	27 All Recovery Meeting 12 Spiritual Experiences 1-2 Walking together 7-8:30	28 Soup Cook Off 12pm Self—Esteem 1pm NA 7:30pm	WAWA every Thursday and Friday 12-2pm Food Bank every Wednesday and Thursday 1-5pm	Air Fry Wednesday- Every week 12-2 GED Prep every Wednesday by appointment HALO Every Wednesday at 6:30pm *Call 609-238-0229 to register*

Advisory Meetings: Interested in being on the Recovery Center's Advisory Committee? Voice your opinion on events, workshops, procedures, and more. We value your input!

AA: Alcoholics Anonymous meetings offered every Saturday 7-8pm

Art Wellness: Join us for a exploration of wellness through art every other Monday at 3pm.

Celebrating You: Did you have a birthday this month? Another month sober? Any reason at all, we'd love to celebrate with you! Join us for snacks, treats, and more!

Color Me Relaxed: Come relax with us and zentangle every other Monday at 3pm.

Families Anonymous Meetings: Twelve step self-help support groups for families and friends of substance abusers and others with behavioral problems.

Food Pantry: Every Wednesday and Thursday from 12-4.

Gamblers Anonymous Meetings: GA is held every Tuesday from 12-1pm.

H.A.L.O (Healing After Loss to an Overdose): The program focuses on the struggles of family and friends who have lost someone to a drug overdose. **Must Register**

GED Prep Workshop: Strategies, practice, and review for passing the GED every 2nd and 4th Wednesday. Registration Required.

GET (Girls Empowering Themselves): This program focuses on prevention, education, and support for girls ages 12-18. (Youth Girls Only) Saturday 11am -4pm.

Intro to Word: By appointment only on Monday to learn how to use Microsoft Word and receive help with job searches and resumes.

Job Skills: Help with resume writing, enhance interview skills, job searches and networking.

Meditation: Come mediate with us every day at 11am.

Member's Meeting: Come to discuss your thoughts about the Recovery Center every other Thursday at 2pm. We love to hear your ideas and feedback!

Men's Recovery Groups: Join this group to talk about issues men face in recovery.

Movie Night: Every second and fourth Friday evening at 6pm.

NA Meetings: Narcotics Anonymous meetings are offered every Thursday at 7:30PM and Fridays at 8PM.

Narcan Training: Learn to save lives. First Tuesday of the month at 6pm. **Must Register**

Newsletter Committee Meeting: Come help us create the LPRC Newsletter every first Monday of the month at 2pm.

Rescue and Restore: Human trafficking correlation meets once every month. Led by staff of Center for Family Services' SERV program.

Resume Building: One on one support with resume and cover letter writing.

Sharing Hope for Mental Wellness: Supportive mental wellness meetings are offered every Tuesday at 2pm.

Self-Esteem Workshops: Join us at this workshop to focus on building self-esteem and developing self-awareness.

Spiritual Experiences: Join this group to discover inner peace and life purpose.

Walking Together: Closed support group for the LGBTQ community. Every Wednesday 7-8:30pm.

Written Expressions: Come express yourself through creative writing. Every Monday at 3pm.

Yoga 4 Sobriety: Twelve Step themed all-levels yoga class. Every 1st and 3rd Thursday

Youth Yoga: Join us for yoga for youth every 2nd and 4th Tuesday.

If a Sign Language Interpreter is needed for any group, Living Proof Recovery Center must be notified at least one week in advance.

Additional Services Offered: Child Sitting, Peer Mentoring, Referrals, Sober Living Funding, etc.

To register for NARCAN Training Please Call Urban Treatment Associates at 856-225-0505