

2021 Center for Family Services Mother’s Day Playlist

A mother’s love is a powerful force. Moms take care of a huge range of children’s needs—from basic physical needs to emotional needs such as attention, comfort, praise, and reassurance. On top of that, moms know how to make things fun. Enjoy these activities and resources from SSIC.org to celebrate moms everywhere!

VIDEOS



Show Shome “Mommy Love”!: When children make gifts for mom, they may not realize they’re the best gift of all! Watch this video together with children. Then talk about what they might do to share some “Mommy Love”.



Meet Maggie Cadabby: With a little love, and by modeling how to think aloud, moms can help children become problem solvers. Help children build problem-solving skills to turn “Oops!” moments into “Aha!” moments.



All Moms are Special: A mother’s love is a powerful force that gives children feelings of safety and security. Watch these three videos together with children, then ask how they like to spend special moments together.



Marvie’s Mom Poem



Tucking Into Bed



Draw Your Love

STORYBOOKS



Furry Fuzzy Hugs: It’s always a good time for a hug... just for the sake of a hug! Cuddle up and click through the storybook together with your little one and finish with a big hug!



Mommy, Mami, Mama, Mom: Moms do so much for kids, and mom-power is something to celebrate! Read the story together with your little one. Then use the opportunity to talk about all the things you do for and with your kids. By showing kids how you fill their lives, you’re teaching them to appreciate others and practice gratitude.

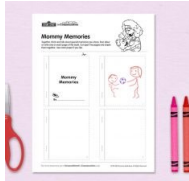
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PRINTABLES



[Mommy Hugs: A “Together Poem”](#): Anytime is the perfect time for a hug with mom! Print this page and read it together whenever either of you could use a cuddle. Each time you come to the words “Mommy Hug!” get ready to give and receive a hug!



[Mommy Memories](#): Recalling happy memories together celebrates the important bond between moms and kids. Print this page and create a book of special mom-child moments. At bedtime—or any snuggle time—read through the book together and share details of these wonderful family memories.



[My Mom Is a Superhero](#): All moms are superheroes! Print this page and gather pencils, crayons, or markers. Take a few minutes to help children describe mom and what makes her super. Then help children draw a picture with their super-mom, and display their work.

ARTICLES

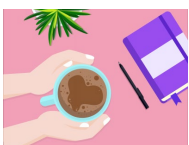


[Self Care](#): All moms are superheroes! Print this page and gather pencils, crayons, or markers. Take a few minutes to help children describe mom and what makes her super. Then help children draw a picture with their super-mom, and display their work.



[What Will We Do Today?](#): It can be a big job to think of new, exciting ways to keep kids busy and learning all day, everyday. Here are some fun things to focus on that also teach something special.

WEBINAR



[Taking Care of Myself](#): Moms need care, too! You do so much to help the children and families in your care. It’s important to remember to take good care of yourself so that you can be at your best to help those who you work with to grow and thrive. We’ve all experienced stress at some point. In this webinar, we’ll learn how to recognize stress symptoms and how they manifest in our own bodies and minds, and we’ll take a look at SSIC’s vast resources to help manage stress, think positively, and cope with emotions.