

2021 Center for Family Services Father's Day Playlist

Kids thrive when fathers show affection, and children's memories of special times with their dads can last a lifetime. Research shows that when kids know how much their dads love them, they feel more confident and have greater empathy. Enjoy these activities and resources from SSIC.org to celebrate dads everywhere!

VIDEOS



Daddy-Kiddie Dance Day: Creating special routines or activities can be delightful for parents and kids. In this video, Muppet dads dance with their little ones, and Rosita loves it when her dad helps her with her hair. Watch the video with children, then think about fun little ways you could instill a bit of magic into routine moments.



F is for Father: There are so many different ways for dads to be engaged and involved in children's lives. Watch the video together, then, with your little one, draw a picture of something you like to do together.



Natasha and her Dad: You don't have to plan a big activity or a grand adventure to have quality time with kids. Playing games, laughing, and just being together is more than enough!



Papa Bear's Hug: Sometimes we all just need a hug! With your child, watch the video about how hugs can help us feel better.



Proud Song: Children can thrive when they feel proud of themselves. A great way for dads to build the confidence of their little ones is to praise them for things—both big and small. Together with children, watch this video of Elmo's dad telling Elmo all the ways he makes him proud.

STORYBOOKS



Daddy Time!: Together, read this furry, fuzzy celebration of Muppet dads and all they do. Encourage children to read the refrain, "It's Daddy Time!"



Furry Fuzzy Hugs: It's always a good time for a hug...just for the sake of a hug! Cuddle up and click through the storybook together with your little one and finish with a big hug!

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PRINTABLES



[Coloring with Daddy](#): Simple activities can be relaxing and comforting for both kids *and* grown-ups. Invite your child to color with you. You might want to color the small details in the background while your child colors the large picture.



[Favorite Time!](#): An art project provides a great opportunity to talk about being together. Print out a few copies of this page, cut the pages in half, and staple together to make a book. Then ask, "What do we like doing together? Let's draw a picture of it." Afterward, read the book together and share it with others.

ARTICLES



[The Dad Difference](#): Dads have a huge impact on their children's lives. When kids feel supported, understood, and loved by their fathers, they grow up more resilient and more successful in school.



[Little Moments](#): A key thing dads can do for their children is spend focused, quality time together. It may seem small but there's a huge value when dads are attentive, loving, and ask thoughtful questions.



[Show Your Love](#): When kids know how much their dads love them, they feel more confident, have greater empathy, and behave better later in life.

WEBINAR



[Supporting Fathers](#): Research shows that an involved dad can make a big difference in the lives of his children. Dads have unique strengths and unique needs. So how can we best support them? In this webinar, we'll talk with Kenneth Braswell, CEO of Fathers Incorporated. Kenneth shares insights and strategies from his many years helping fathers—and the providers who serve them—be the best they can be.