



## **Black Mental Health Resources**

[Black Mental Health Matters: A Resource Guide – Mental Health First Aid](#)

[Making the “C-ACE” for a Culturally-Informed Adverse Childhood Experiences Framework to Understand the Pervasive Mental Health Impact of Racism on Black Youth – Journal of Child and Adolescent Trauma](#)

[Black Churches and Mental Health Professionals: Can This Collaboration Work? – Journal of Black Studies](#)

[BIPOC Mental Health Resource Guide - NAACP](#)

[Mental Health in the Black Community 2021 Roundtable Report](#)

[44 Mental Health Resources for Black People Trying to Survive in This Country - Self](#)

[Mental Health Disparities: African Americans – American Psychiatric Association](#)

[Racism Ruined my Mental Health and my Resources to Fight It – Health Magazine](#)

[Intervening with African-Americans: Culturally Specific Practice Considerations](#)

[Journey to Authenticity: Afrikan Psychology as an Act of Social Justice Honoring Afrikan Humanity](#)