

Monday-Friday 11:00-9:00pm

Saturday 10:00am-9:00pm

AUGUST 2018



108 Somerdale Road, Voorhees

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recoverycenter@centerffs.org

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
WAWA every Thursday and Friday Food Bank every Wednesday and Thursday 12-4pm		1 Meditation 11am Journaling 12pm GED prep *By Appointment Spiritual Experiences 1-2pm Walking together 7-8:30pm	2 Meditation 11am Self—Esteem 1pm Yoga for Sobriety 5:30pm NA 7:30pm	3 Meditation 11am Oaks (Closed) 12pm Men's Recovery Group 2pm Movie night 6pm NA 8pm	4 FA 10:30am– 12pm G.E.T (Youth girls only) 11am-4pm AA 7-8pm
	7 Meditation 11am GA 12-1 pm Mental Wellness 2pm Color Me Relaxed 3pm Youth Yoga 6pm NARCAN Training 6pm	8 Meditation 11am Journaling 12pm GED prep *By Appointment Spiritual Experiences 1-2pm NCADD 6:30pm Walking together 7-8:30pm	9 Meditation 11am Self—Esteem 1pm Pathways Family Group 6pm NA 7:30pm	10 Meditation 11am Oaks (Closed) 12pm Men's Recovery Group 2pm Movie night 6pm NA 8pm	11 FA 10:30am– 12pm G.E.T (Youth girls only) 11am-4pm AA 7-8pm
13 R&R Coalition 9:30am Meditation 11am Oaks (Closed) 12pm Newsletter Committee 5pm NA 7:30pm	14 Meditation 11am GA 12– 1pm Mental Wellness 2pm Art Wellness 3pm RAMP 4pm	15 Meditation 11am Journaling 12pm GED prep *By Appointment Spiritual Experiences 1-2am Walking together 7-8:30am	16 Meditation 11am Self—Esteem 1pm Yoga for Sobriety 5:30pm NA 7:30pm	17 Meditation 11am Oaks (Closed) 12pm Men's Recovery Group 2pm Movie night 6pm NA 8pm	18 FA 10:30am– 12pm G.E.T (Youth girls only) 11am-4pm AA 7-8pm
20 Meditation 11am Oaks (Closed) 12pm NA 7:30pm	21 Meditation 11am GA 12-1pm Mental WeOllness 2pm Color Me Relaxed 3pm Youth Yoga 6pm Pathways Family Group 6pm	22 Meditation 11 am Journaling 12pm GED prep *By Appointment Spiritual Experiences 1-2pm Walking together 7-8:30pm	23 Meditation 11am Self—Esteem 1pm Pathways Family Group 6pm NA 7:30pm	24 Meditation 11am Oaks (Closed) 12pm Men's Recovery Group 2pm Movie night 6pm NA 8pm	25 FA 10:30am– 12pm G.E.T (Youth girls only) 11am-4pm AA 7-8pm
27 Meditation 11am Oaks (Closed) 12pm Newsletter Committee 5pm NA 7:30pm	28 Meditation 11am GA 12– 1 Mental Wellness 2 Art Wellness 3 RAMP 4	29 Meditation 11am Journaling 12 GED prep *By Appointment Spiritual Experiences 1-2 Walking together 7-8:30	30 Meditation 11am Self—Esteem 1pm NA 7:30pm	31 Meditation 11am Oaks (Closed) 12pm Men's Recovery Group 2pm Movie night 6pm NA 8pm	

Workshop Key

Advisory Meetings: Interested in being on the Recovery Center’s Advisory Committee? Voice your opinion on events, workshops, procedures, and more. We value your input!

AA: Alcoholics Anonymous meetings offered every Saturday 7-8pm

Art Wellness: Join us for a exploration of wellness through art every other Monday at 3pm.

Celebrating You: Did you have a birthday this month? Another month sober? Any reason at all, we’d love to celebrate with you! Join us for snacks, treats, and more!

Color Me Relaxed: Come relax with us and zentangle every other Monday at 3pm.

Families Anonymous Meetings: Twelve step self-help support groups for families and friends of substance abusers and others with behavioral problems.

Food Pantry: Every Wednesday and Thursday from 12-4.

Gamblers Anonymous Meetings: GA is held every Tuesday from 12-1pm.

H.A.L.O (Healing After Loss to an Overdose): The program focuses on the struggles of family and friends who have lost someone to a drug overdose. ****Must Register****

GED Prep Workshop: Strategies, practice, and review for passing the GED every 2nd and 4th Wednesday. Registration Required.

GET (Girls Empowering Themselves): This program focuses on prevention, education, and support for girls ages 12-18.(Youth Girls Only) Saturday 11am -4pm.

Intro to Word: By appointment only on Monday to learn how to use Microsoft Word and receive help with job searches and resumes.

Job Skills: Help with resume writing, enhance interview skills, job searches and networking.

Journaling for Recovery: Learn how to channel your feelings into writing for this process of self-discovery and change. Every Wednesday 12PM.

Meditation: Come meditate with us every day at 11am.

Member’s Meeting: Come to discuss your thoughts about the Recovery Center every other Thursday at 2pm. We love to hear your ideas and feedback!

Men’s Recovery Groups: Join this group to talk about issues men face in recovery.

Movie Night: Every second and fourth Friday evening at 6pm.

NA Meetings: Narcotics Anonymous meetings are offered every Thursday at 7:30PM and Fridays at 8PM.

Narcan Training: Learn to save lives. First Tuesday of the month at 6pm. ****Must Register****

Rescue and Restore: Human trafficking correlation meets once every month. Led by staff of Center for Family Services’ SERV program.

Resume Building: One on one support with resume and cover letter writing.

Sharing Hope for Mental Wellness: Supportive mental wellness meetings are offered every Tuesday at 2pm.

Self-Esteem Workshops: Join us at this workshop to focus on building self-esteem and developing self-awareness.

Spiritual Experiences: Join this group to discover inner peace and life purpose.

Walking Together: Closed support group for the LGBTQ community. Every Wednesday 7-8:30pm.

Yoga 4 Sobriety: Twelve Step themed all-levels yoga class. Every 1st and 3rd Thursday

Youth Yoga: Join us for yoga for youth every 2nd and 4th Tuesday.

If a Sign Language Interpreter is needed for any group, Living Proof Recovery Center must be notified at least one week in advance.

Additional Services Offered: Child Sitting, Peer Mentoring, Referrals, Sober Living Funding, etc.