



2018

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Living Proof
Recovery Center

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <u>Closed</u>	2 Intro to Word (Lab) 3-8 pm **by appt only**	3 Gamblers Anonymous (B) 12-1pm RAMP (B) 4pm Sharing Hope For Mental Well-ness (A) 2pm Narcan Training 6-8pm	4 Fun with Veggies 12p-2p Journaling for Recovery (A) 12pm Food Pantry 12-4pm Spiritual Experiences (A) 1-2pm H.A.L.O. (114) 6pm NCADD-NJ 6:30pm	5 WAWA Food (A) 12-2pm Food Pantry 12-4pm Self Esteem (B) 1pm Yoga 4 Sobriety (A) 5:30pm NA Meeting (B) 7:30pm	6 WAWA Food (A) 12-2pm Men's Recovery Group 2pm (B) NA Meeting 8pm	7 Families Anonymous (B) 10:30am-12pm G.E.T. (Youth girls only) 12-5pm AA Meeting (B) 7-8pm
8 <u>Closed</u>	9 R&R Coalition Meeting (AB) 9:30 am Intro to Word (Lab) 3-8 pm **by appt only**	10 Gamblers Anonymous (B) 12-1pm RAMP (B) 4pm Sharing Hope For Mental Well-ness (A) 2pm	11 Fun with Veggies 12p-2p Journaling for Recovery (A) 12pm GED Prep (lab) 12pm *by appt* Food Pantry 12-4pm Spiritual Experiences (A) 1-2pm H.A.L.O. (114) 6pm Walking Together Closed LGBTQ 7-8:30PM	12 WAWA Food (A) 12-2pm Food Pantry 12-4pm Self Esteem (B) 1pm NA Meeting (B) 7:30pm	13 WAWA Food (A) 12-2pm Men's Recovery Group (B) 2pm Movie Night (A) 6pm NA meeting (B) 7:30pm	14 Families Anonymous (B) 10:30am-12pm G.E.T. (Youth girls only) 12-5pm AA Meeting (B) 7-8pm
15 <u>Closed</u>	16 Intro to Word (Lab) 3-8 pm **by appt only**	17 Gamblers Anonymous (B) 12-1pm RAMP (B) 4pm Sharing Hope For Mental Wellness (A) 2pm	18 Fun with Veggies 12p-2p Journaling for Recovery (A) 12pm Food Pantry 12-4pm Spiritual Experiences (A) 1-2pm H.A.L.O. (114) 6pm Walking Together Closed LGBTQ 7-8:30PM	19 WAWA Food (A) 12-2pm Food Pantry 12-4pm Self Esteem (B) 1pm Yoga 4 Sobriety (A) 5:30pm NA Meeting (B) 7:30pm	20 Members Meeting 1pm Children's Community closet 12pm WAWA Food (A) 12-2pm Men's Recovery Group 2pm(B) NA Meeting 8pm	21 Families Anonymous (B) 10:30am-12pm G.E.T. (Youth girls only) 12-5pm AA Meeting (B) 7-8pm
22 <u>Closed</u>	23 Intro to Word (Lab) 3-8 pm **by appt only**	24 Gamblers Anonymous (B) 12-1pm RAMP (B) 4pm Sharing Hope For Mental Wellness (A) 2pm	25 Fun with Veggies 12p-2p Journaling for Recovery (A) 12pm GED Prep (lab) 12pm *by appt* Food Pantry 12-4pm Spiritual Experiences (A) 1-2pm H.A.L.O. (114) 6pm Open House 6-8pm Walking Together Closed LGBTQ 7-8:30PM	26 WAWA Food (A) 12-2pm Food Pantry 12-4pm Self Esteem (B) 1pm NA Meeting (B) 7:30pm	27 Peer/Member Luncheon 1pm WAWA Food (A) 12-2pm Men's Recovery Group 2pm(B) Movie Night (A) 6pm NA Meeting (B) 8pm	28 Families Anonymous (B) 10:30am-12pm G.E.T. (Youth girls only) 12-5pm **Museum Trip** AA Meeting (B) 7-8pm
29 <u>Closed</u>	30 Intro to Word (Lab) 3-8 pm **by appt only**				Hours of Operations Mon-Thurs: 12-9pm Friday: 12-4pm, 6-9pm Saturday: 10am-9pm	(A) Kitchen Side (B) Stairwell Side (114) Room 114 (Lab) Computer lab

Advisory Meetings: Interested in being on the Recovery Center's Advisory Committee? Voice your opinion on events, workshops, procedures, and more. We value your input!

AA: Alcoholics Anonymous meetings offered every Saturday 7-8pm

Celebrating You: Did you have a birthday this month? Another month sober? Any reason at all, we'd love to celebrate with you! Join us for snacks, treats, and more!

Families Anonymous Meetings: Twelve step self-help support groups for families and friends of substance abusers and others with behavioral problems.

Gamblers Anonymous: Gamblers Anonymous meetings are held every Tuesday from 12-1pm.

GED Prep Workshop: Strategies, practice, and review for passing the GED every 2nd and 4th Wednesday. ****Must Register****

GET (Girls Empowering Themselves): This program focuses on prevention, education, and support for girls ages 12-18.(Youth Girls Only):

H.A.L.O (Healing After Loss to an Overdose): The program focuses on the struggles of family and friends who have lost someone to a drug overdose. ****Must Register****

Intro to Word: By appointment only on Monday to learn how to use Microsoft Word and receive help with job searches and resumes.

Journaling for Recovery: Learn how to channel your feelings into writing for this process of self-discovery and change. Every Wednesday 12PM.

Member's Meeting: Come to discuss your thoughts about the Recovery Center. We love to hear your ideas and feedback!

Men's Recovery Groups: Join this group to talk about issues men face in recovery. Every Friday at 2pm.

Movie Night: Every second and fourth Friday evening at 6pm.

NA Meetings: Narcotics Anonymous meetings are offered every Thursday at 7:30PM and Fridays at 8PM.

Rescue and Restore: Human trafficking correlation meets once every month. Led by staff of Center for Family Services' SERV program.

Self-Esteem Workshops: Join us at this workshop to focus on building self-esteem and developing self-awareness.

Sharing Hope for Mental Wellness: Supportive mental wellness meetings are offered every Tuesday at 2:00PM.

Spiritual Experiences: Join this group to discover inner peace and life purpose

Yoga 4 Sobriety: Twelve Step themed all-levels yoga class. Every 1st and 3rd Thursdays

Walking Together: Closed support group for the LGBTQ community. Every Wednesday 7-8:30pm.

If a Sign Language Interpreter is needed for any group, Living Proof Recovery Center must be notified at least one week in advance.

Additional Services Offered

Peer Mentoring, Referral Services, How to's...

Child sitting for those participating in workshops/groups (please call ahead if you are interested)

*****To register for NARCAN Training Please Call Urban Treatment Associates at 856-225-0505*****