



Free and Open to All of Atlantic County



New Day Family

18 Martin Luther King Jr. Ave
 Pleasantville, NJ 08232
 Telephone 609.652.0230
 Fax Number (609) 652.0420

Pre-Registration Required for Events

Monday 9AM-4PM Administrative Hours 12:00PM-1:00PM	Tuesday 9AM-4PM Administrative Hours 12:00PM-1:00PM	Wednesday 9AM-4PM Administrative Hours 12:00PM-1:00PM	Thursday 12PM-7PM (12:30-7:30PM 1st Thursday of the Month)	Friday 9AM-4PM Administrative Hours 12:00PM-1:00PM	Saturday Varied Register on Eventbrite
1 HAPPY PRIDE MONTH	2 JUNE IS MEN'S HEALTH MONTH	3	4 Women Empowering Single Moms 6:00PM-7:00PM Adjusted Center Hours: 12:30PM-7:30PM	5	6
8	9	10	11 Prenatal Pelvic Floor and Core Exercises with Dr. Mora Pluchino 1:00PM-2:00PM Paint Day with Dad and Me & Chat 4:00PM-5:30PM	12	13 Children's Day Celebration 12:00PM-3:00PM
15	16	17 Bloom & Thrive Development Toddler Time with Maria 11:00AM- 12:00PM	18 Real Talk with Men Men's Group 5:00PM-6:30PM	19 Juneteenth Center Closed 	20
22	23 Robotics Coding w/ STEMENJ 12:00PM-2:00PM	24	25 Yoga Night w/ Tarak 5:00PM-6:00PM	26	27 Dad & Me Field Day @InlandFSC 11:30am-1:30pm
29 Employment Assistance w/ One Stop Career Center 1:00PM-2:00PM	30 Community Drum Circle w/Angels in Motion 1:00PM-2:00PM	31	 NewDay_FSC  NewDayFSC		 SCAN ME!

A Program of Center for Family Services Funded Through the County of Atlantic by the New Jersey Department of Children and Families

Start A New Day for A Better Tomorrow

June 2026



Center Highlights

Women Empowering Single Moms– Women play an integral role in our society, contributing significantly to our progress and innovation. Our monthly meetings provide a platform to explore and celebrate the myriads of ways women impact our lives. Join us alongside Dr. Theresa in recognizing and honoring the essential role women play in holding our families together!



Prenatal Pelvic Floor and Core Exercises with Dr. Mora Pluchino–

This interactive and judgment-free workshop introduces the basics of pelvic floor anatomy and physiology and how it connects to everyday life with Dr. Mora Pluchino. We will explore how the pelvic floor plays a role in bowel, bladder, and physical function and why symptoms like leaking, constipation, pain, or discomfort are common but *not* something you have to live with.

This session is open to all adults, regardless of gender or life stage. No prior knowledge required. Childcare and translation services will be provided to ensure everyone has access to this important conversation.

Real Talk w/ Men– Real Talk with Men is a judgment-free space where guys get real, laugh a little, and talk about the stuff we usually keep in. It's all about connection, good conversation, and leveling up to show up for us and the people we care about. Come vibe, share, and be part of something real! Please register on *Eventbrite*.

Employment Assistance w/ One Stop Career Center - Are you looking for a job or a career change? *Atlantic County One Stop* is available to assist you with your job search here at the center. Their services also include job assistance for seniors, vocational training, literacy training and more. **Please register for an appointment!**

Family Activities

Bloom & Thrive Development Toddler Time with Maria– Join us with your toddler at New Day FSC were Maria, an early childhood specialist from *The Cooperative*, will be hosting a fun interactive activity!

Children's Day Celebration– Celebrate the joy, laughter, and spirit of childhood at our **Children's Day Celebration (Día del Niño)** This traditional Mexican holiday honors children and recognizes their importance in our families and communities.

Robotics Coding with STEMENJ - Join us for an exciting evening of hands-on exploration, creativity, and community engagement! Whether you are a budding scientist, curious coder, or future engineer, this event is designed to spark your imagination and fuel your passion.

Paint Day with Dad and Me & Chat - Join us for a fun and relaxing evening where dads (or father figures) and their little ones can bond through creativity. Guided by Vereen , we also discuss ideas and suggestions with our center during our monthly chat.

Community Drum Circle w/Angels in Motion– Come out and join us and *Angels in Motions* for an afternoon filled with music by using drums. No musical experience is needed!

Dad & Me Field Day! @InlandFSC– Meet us at Inland FSC (3050 Spruce Ave Egg Harbor Township) for a family-focused event that brings dads (or father figures) and kids together for a day of games, activities, and quality time. With a mix of outdoor challenges, crafts, and classic games, the focus is on connection, teamwork, and having fun together.

Yoga Night w/ Tarak–Start your yoga adventure with our beginner-friendly session today at New Day and join Tarek for a yoga night. All ages are welcome.



Employment

Employment Café– We are hosting resume and cover letter reviews. Feel free to email your documents including the type of job you are seeking. You can email these documents to newdaygalloway@gmail.com.

Volunteer Opportunities– Are you looking to contribute to the development of your community? Have a skill you want to share? You can help by hosting a virtual event. You can make a difference for our families! Visit us to learn more about our volunteer opportunities.

Always Available

Community Advisory Chat– Any events that you want to see at the center? Have ideas that you think families would enjoy? Have suggestions about past events to make it better? Want to give us feedback? Come in, call, or email us any time! We would love to hear from you!

Resources– We have a variety of community resources, information, referrals, and linkages available in your community. Give us a call!

¡Se Habla Español!

Our Location

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