



Center For Family Services

A History of Success

Making a Difference:

Ella came to Healthy Families as a 14-year-old mother. Her baby boy was only a few days old and she had no idea how to provide him with the care he needed to grow healthy and strong.

She had not been to school in over a year and was living in an abusive home. A Healthy Families Support Worker began to work with Ella and her newborn son. The support worker taught Ella to feed and care for the infant, but also showed her how to love him. Through the support of the Healthy Families Program, Ella was connected to daycare so that she could return to high school.

Weekly visits with Ella helped establish a bond between the mother and son. The home visits also allowed the support worker to involve the extended family and stabilize the home situation.

Ella has been with Healthy Families for four years. She is now graduating high school with honors and has been accepted at a local college. Her son is healthy and happy. Ella is just one example of how extending a helping hand can make the difference in one young person's life.

Building Strong Families:

A couple left all their family and moved to America. They were preparing for their first baby in a country where nothing was familiar. The young father worked hard all day, and his young wife stayed home, isolated from everyone because of a language barrier.

The young woman's doctor recommended she contact Healthy Families. Through our bilingual Support Workers, the mother received the support and help she needed as her pregnancy progressed.

She learned how to care for the soon-to-be born infant, how to prepare her home for the new baby and how to deal with feelings of depression. The baby was born and the mother continued to seek the support and guidance offered through Healthy Families. On the last visit, our Family Support Worker served as a translator so that the young family could purchase their first home.

Names in the success stories have been changed to protect the identity of our clients